

TIME TO HELP (UK) - WALK2WATER

Guide for the Hosting Organisation

Everything your school, university or community group needs to know to host a Walk2Water session

Thank you for considering Walk2Water. This guide explains what the session involves, what we need from you, and what to expect at each stage of the process, from first enquiry through to the day itself.

1. What is Walk2Water?

Walk2Water is a free, 90-minute in-school (or in-venue) experience delivered by Time to Help (UK), a registered charity. It helps students understand and feel the reality of the global water crisis through storytelling, hands-on activities, and an immersive 360° virtual reality experience. It is an educational visit.

2. Who it's for

- Primary and secondary schools looking for a ready-made assembly or classroom session on global citizenship, sustainability or geography.
- Universities, youth groups and community organisations wanting a version of the session outside a school setting.
- Any group of students, or young people, who would benefit from a memorable, real-world session with no preparation required from staff.

3. What happens during the session

Interactive presentation (20–30 minutes)

A multimedia presentation on daily water use, followed by the real story of a young girl who walks six kilometres each morning to fetch water for her family.

The jerry can rally

Students get a small, safe taste of that daily walk by carrying a water-filled jerry can over a short distance. Weights are adjusted for each age group and no one is ever made to take part.

The 360° VR experience

Using VR headsets, students experience footage of daily water collection and climate change in African communities.

4. The booking process

Step		Details
1	Get in touch	Email asude@timetohelp.org.uk about your interest. We'll send full information about what your school needs to know.
2	Agree the details	A short call or email chain to confirm the date, group size, space, and any specific policies your school has.
3	Paperwork	If needed, we can provide risk assessment and any other paperwork. Most schools only need confirmation that our team is DBS-checked, which we can send in advance or bring it in on the day.
4	We come to you	Our team arrives with all equipment and works around your day. We just need a screen/projector, power, and water access.
5	Enjoy the session	Students engage, ask questions, and leave with a different perspective on something many of us take for granted.

5. What we ask you to provide

- A screen or projector and a power socket for the presentation.
- A space at least 4–5 metres long, flat and clear, for the jerry can rally (indoors or outdoors).
- Access to a water source (tap or hose) to fill the jerry cans.
- A member of staff present for the full session.
- A space clear of trip hazards for the VR experience, alongside the jerry can rally route.

We're happy to take some photos on the day to share Walk2Water's impact, but we're careful with the photos we take however, if your school would prefer no recording at all, just let us know.

6. Preparing your staff and students

- Nominate a staff contact to liaise with our team beforehand and be present on the day.
- Let your Designated Safeguarding Lead (DSL) know the session is happening and who your on-site contact will be.
- Brief students beforehand that all activities are optional and that no one will be made to take part in the jerry can rally or VR experience.
- Flag any students with relevant medical conditions, additional needs, or mobility considerations to our team in advance where possible.

All our volunteers are DBS-checked. On the rare occasion a volunteer's check is still being processed, they should wear a clearly marked lanyard and work under the direct supervision of a DBS-checked lead throughout.

7. On the day

- Our DBS-checked team will arrive around 15 minutes before the session start to set up presentation equipment, VR headsets and jerry cans in your agreed space.
- Please have your staff contact available to sign our team in and provide a brief safety/fire evacuation briefing.
- The session opens with a short welcome and the interactive presentation, after which the jerry can rally and VR experience run as two parallel stations, with students rotating between them in small groups.

8. After the session

- We're always glad to hear feedback, informally on the day, or via a short form if that's easier for your organisation.
- If your students feel inspired to fundraise afterwards, we're happy to support that, but it's entirely optional and led by you.
- Any photographs or video taken will only be used in line with the permissions your school/organisation and parents have given, and never in a way that identifies a child.

10. Frequently asked questions

Does it cost anything?

No. Walk2Water is a free education and awareness visit. We are not there to fundraise or ask for donations.

Will you take photos or videos of our students?

We may take some photos to share on our website and social media, but we're careful never to show children's faces unless we are given clear permission. Shots focus on the back of the head, hands, or a student wearing a VR headset. If you'd prefer no recording at all, we're happy to run the full event with zero data collection.

Is it safe?

Yes. Every volunteer is DBS-checked and trained in safeguarding and safety protocols. A risk assessment is available on request.

Is the VR experience safe for everyone?

VR is generally considered safe however it is important to watch out for anyone with a history of epilepsy, migraines or motion sickness. No student is ever required to take part.

What age groups is it suitable for?

All ages. The tone, language and level of detail are adapted for the group.

How long does it take to arrange?

Most bookings are confirmed within a few weeks of first getting in touch, depending on availability.

Can we fundraise as well?

If your students feel inspired to do more, we're delighted to support a fundraiser of your choosing.

11. Contact us

Time to Help (UK) is a registered charity based in London, working locally and internationally to tackle water scarcity, support vulnerable communities, and empower the next generation to take action.

Email	asude@timetohelp.org.uk
Website	www.walk2water.co.uk